Microblading Aftercare Instructions

It is very important to follow these instructions carefully!

Color retention and proper healing can depend on your home care regimen

• Day 1: Immediately when you get home, and every 2 hours after **gently** wipe brows towards temples with antibacterial soap on a cotton pad (or Green Soap diluted, if provided).

Apply balm **gently** with a clean finger after wiping.

- Day 2-10: Wipe brows with soap morning + night and apply balm 3x daily until gone.
- If they become itchy or dry, apply more balm. It should be a very thin layer.

To Avoid Swelling

A gel ice pack can be applied to the area. Place the ice pack in a plastic baggie to avoid moisture on the pigmented area. Apply as needed a few minutes on then off.

Avoid for 14 days

- Any makeup over the pigmented area.
- Hot steamy showers or long baths. Keep your face away from the shower head and dry immediately.
- Cleansers, creams or lotions on the pigmented area. Wash and apply around the area.
- Swimming, salt water, heavy exercise(sweating), saunas or hot tubs.
- Sun exposure
- Contact with pets

Long Term

- Any type of skin peels or products containing Retin-A and glycolic over the pigmented area
- Prolonged sun exposure; wear SPF after 10 days of healing

Do Not

Pick, rub aggressively, peel, or scratch. This could cause scarring and/or removal of color.

Do not touch the area except for applying Aftercare Balm.

<u>Note</u>

Color will appear very intense and dark immediately after your procedure for a few days. The color is sitting on top of the skin. Once the skin starts healing or flaking, the colour will fade considerably as it heals beneath the skin.

The final color should not be considered for approximately 6-8 weeks after the final visit. Do not be alarmed if it appears that most of the color is flaking off.. This is the *superficial color* and is part of the natural healing process. Everyone's skin heals differently and results cannot be guaranteed after any treatment.

If you suspect any signs of infection (including abnormal redness, swelling,red streaks going from procedure sight to the heart, elevated body temperature, purulent drainage [pus]) contact your doctor ASAP

All permanent cosmetics procedures are a 2 part process which require a follow up session no sooner than 1-3 months after the initial session. Touch ups are priced by length of time since previous visit.

Please schedule touch up appointments a few months in advance.

